KENBE LA - HOLD ON

In the palm of my hand, three seashells gathered innocently long ago, their opalescent pink hollows recalling the outrageous fluorescents of the now-vanishing coral reefs.



I wish I could give them back, breathe life into them and the ancient underwater animals that once sheltered within their spirals.

"Kenbe la," I whisper to them.

An invocation offered in the sanctuary of my attic, amidst wilted, cardboard boxes as I clean house while locked in my safe space.

A call to the ocean and its kin.

A Creole phrase I learned in Haiti,

"Hold on."

Haiti, where families cut down their last mango tree for wood to pay their children's school fees.

Where the rumble of thunder awakens the traumatized from earthquake nightmares.

Haiti, whose tin roofs fly away like gum wrappers in the yearly hurricanes.

Where the ocean releases its wrath on humanity.

Sequestered in quarantine, time fertilizes my awareness, affording the luxury of compassion as I empty the boxes of my past. The proof of my deeds.

How selfish, these three skeletons taken from the once invincible ocean.

I would rather hold Haiti in the palm of my hand, carrying her with outstretched arm above my head as I swim for a distant safe shore.

Leaving our salty mother to heal in peace.